

# You Need To Calm Down – Taylor Swift

ADV (Buck & Canadian) – Line – Left Lead – available on iTunes or Amazon

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**Sequence: Wait 16 A, B, C, Brk, A, B, C, Brk2, C, Stomp**

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## Part A (32 Beats)

(8) Waymouth

L DS Hop Hop Dbl S TB(xb) Dbl S(xf) Dbl S(xf) Dbl Tch  
R Dbl Dbl TB(xb) Dbl S(xf) TB(xb) Hop  
a1 e+ a 2a + a3 e+ a 4a + a5 e+ a 6e + a7 e+ a 8

(4) Triple Stomp Stomp

DS – DS – DS – STO STO (move Fwd)

(4) Triple

DS – DS – DS – RS (back up)

*Repeat all of the above*

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## Part B (16 Beats)

(8) Hell Canadian Greg

L DS Hop Dbl S S Hop S Hit Heels Tch(s) Lift  
R Dbl Tap(b) Tap(b) S TH(f) Dbl Tch Sk(ots) Hit Heels S SI  
+1 e+ a 2 + 3 e+ a 4+ 5 e+ a 6 + a 7 a + 8

(8) Machine Gun

L DS TSI brk H H Lift DS SI  
R DS Dbl(xb) SI SI SI S

## Part C (32 Beats)

(8) Slap Happy

DS Tap(b) S K Fl S Tap(b) Lift S Sk up Dbl B(twL) B(twR) up  
K(ots) Fl S(xf) K Fl S K Fl S(xf) Sk up S B(twL) B(twR)  
a1 e+ a 2 e+ a 3 e+ a 4 + a 5 + a 6 + a 7 + 8

(8) Get It Skuff With a Twist

L K(xf) S HS Hop Hop S Bo(tw H R) Bo(tw H L) Lift S K S  
R Dr TB Sk R Hop Dbl Bo(tw H R) Bo(tw H L) Tap B S  
+ 1 e+a2 + a 3 +4 + a 5 + 6 + a 7 +8

*Repeat all of the above*

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## Break (8 Beats)

(8) 2 Buck Vines

DS(ots)– DS(xb)– DS(ots)– HB HS - DS(ots)– DS(xb)– DS(ots)– HB HS

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## Repeat A, B, C

## Break 2 (16 Beats)

(16) 4 Buck Vines in a Box

Same as above – turn 1/4 L on each

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## Repeat C – 1 STOMP

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### Abbreviations

(f) – front or forward

Brk - Break

HS – Heel Step

TB – Toe Ball

(ots) - out to side

Dbl - Double

K - Kick

Tch – Touch

(tw) - twist

Dr - Drag

RS – Rock Step

TH – Toe Heel

(xb) - Cross in Back

DS - Double Step

S- Step

TSI – Toe Slide

(xf) – Cross in Front

Fl – Flap

Sk – Skuff

B – Ball

H – Heel

Sl – Slide

Bo - Bounce

HB – Heel Ball

STO – Stomp